## What Is the Emerald Tablet?

The Emerald Tablet is an ancient artifact brought to Egypt by mysterious visitors over 12,000 years ago. It reveals a profound spiritual technology and carries a secret formula of transformation that works on all levels of reality at once — the physical, the mental, and the spiritual — and shows us how to achieve personal perfection and even accelerate the evolution of our species. The source of alchemy and the scientific method, the document's universal approach made it forbidden knowledge, condemned by patriarchal powers for thousands of years — from the Egyptian priesthood, to the medieval Church, to our modern politicians and religious leaders. To ensure the survival of such "dangerous" principles, the visitors concealed their knowledge in a succinct declaration that has become a time capsule of wisdom for future generations.



The green crystalline tablet was sealed in a pillar and rediscovered sometime after the Great Flood. The tablet soon became a cornerstone of the Pharaoh's power, though jealous temple priests kept it secret from the general public. It was translated into Greek by a committee of Alexandrian scholars and actually put on public display in Egypt in 330 BC. Then, around 400 AD, it was reportedly buried somewhere on the Giza plateau to protect it from religious zealots who were burning libraries around the world at the time.

Working only with ninth-century Arabic translations, many modern seekers of truth recognized that the Emerald Tablet carried an encoded formula for transforming reality. The uncredited source of many of our spiritual and religious traditions, the sacred relic inspired over 3,500 years of alchemy, a period in which some of the most creative minds in the world delved

into the inter-twined mysteries of mind and matter. The Emerald Tablet was the only guidance they needed in their meditations and practical work.

As we enter the Third Millennium, the ancient cosmic formula is resurfacing in what people perceive as mystical or paranormal events. Such experiences are simply the continuing expressions of the underlying alchemy of our lives. For many decades, knowledge of the hidden pattern was discussed only among an elite group of scholars, but now the Hermetic knowledge is being disseminated among the general populace and ancient



Three expressions of the Emerald Formula from workbooks of medieval alchemists.

methods of transformation are available for modern seekers. For those with the courage to see beyond the illusions handed down to us by blind tradition, the Emerald Tablet offers a way to regain our rightful relationship with the universe.

The secret formula contained in the Emerald Tablet became known as the Emerald Formula. It consists of seven consecutive steps that lead to a new level of creation no matter what the "substance" of transformation may be. In alchemy, these steps are seven laboratory operations: Calcination, Dissolution, Separation, Conjunction, Fermentation, Distillation, and Coagulation.